

# Jasper Junior/High School Breakfast/Lunch Menu—January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Fruit &amp; Juice Served with \ Breakfast Daily</b>	2	3	4	5 <i>Sausage Biscuit OR Cereal w/Cheese Toast —</i>  <i>Chicken Bites, Potato , Sweet Peas Fruit, Cookie</i>	6 <i>Breakfast Pizza OR Cereal w/ Cheese Toast</i> <i>Chicken Alfredo</i> <i>Green Beans</i> <i>Tossed Salad w/Ranch Dressing</i> <i>Garlic Toast, Fruit, Rice Crispy</i>	7
<b>Milk is Served Daily Flavored—Fat Free Un-Flavored—1%</b>	9 <i>Cinnamon Bun</i> <i>OR Cereal w/Cheese Toast</i>  <i>Pizza</i> <i>Broccoli, Corn, Fruit, Snack</i>	10 <i>Ham Biscuit OR Cereal w/Cheese Toast—</i>  <i>Chili, Grilled Cheese</i> <i>Tossed Salad w/Dressing</i> <i>Fruit, Chips</i>	11 <i>Muffin OR Cereal w/Cheese Toast</i>  <i>Beef Steak Sandwich</i> <i>Lettuce/Tomato Cup</i> <i>Potato Yams, Fruit, Chips</i>	12 <i>Sausage Biscuit OR Cereal w/Cheese Toast —</i>  <i>Chicken Bites, Potato , Green Beans</i> <i>Fruit, Cookie</i>	13 <i>Nutri Grain OR Cereal w/Cheese Toast—</i>  <i>Hot Dogs, Chili Sauce, Sauerkraut, Baked Beans</i> <i>Potatoes, Fruit, Rice Crispy</i>	14
<b>THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b>	16  <b><i>Holiday</i></b> <b><i>No School</i></b>	17 <i>Chicken Biscuit OR Cereal w/Cheese Toast —</i>  <i>Burritos, Spiced Beans, Steamed Vegetable, Cheese Sauce, Fruit, Pudding</i>	18 <i>Strudel OR Cereal w/Cheese Toast</i>  <i>Corn Dog</i> <i>Baked Beans, Potato, Fruit, Chips</i>	19 <i>Sausage Biscuit OR Cereal w/Cheese Toast —</i>  <i>Chicken Bites, Potato , Black Eye Peas</i> <i>Fruit, Cookie</i>	20 <i>Breakfast Pizza OR Cereal w/Cheese Toast</i>  <i>Sloppy Joe Sandwich</i> <i>Glazed Carrots, Green Beans, Fruit, Rice Crispy</i>	21
<b>Menu Subject To Change</b>	23 <i>Pancakes, Mini OR Cereal w/ Cheese Toast</i>  <i>Pizza Pocket</i> <i>Broccoli, Steamed Carrots, Fruit, Snack</i>	24 <i>Ham Biscuit OR Cereal w/Cheese Toast—</i>  <i>Taco Soup</i> <i>Grilled Cheese</i> <i>Tossed Salad w/Dressing</i> <i>Fruit, Chips</i>	25  <b><i>E-Learning</i></b> <b><i>Day</i></b>	26 <i>Sausage Biscuit OR Cereal w/Cheese Toast —</i>  <i>Chicken Bites, Potato , Pinto Beans</i> <i>Fruit, Cookie</i>	27 <i>Pop Tart OR Cereal w/Cheese Toast</i>  <i>Chicken Alfredo</i> <i>Green Beans</i> <i>Tossed Salad w/Ranch Dressing</i> <i>Garlic Toast, Fruit, Rice Crispy</i>	28
<b>Grab &amp; Go Offered Daily</b>	30 <i>French Toast Stick OR Cereal w/ Cheese Toast</i>  <i>Pizza</i> <i>Broccoli, Corn, Fruit, Snack</i>	31 <i>Chicken Biscuit OR Cereal w/Cheese Toast —</i>  <i>BBQ Wieners, Coleslaw</i> <i>Pinto Beans, Cornbread</i> <i>Fruit, Snack</i>	Feb. 1 <i>Muffin OR Cereal w/Cheese Toast</i>  <i>Chicken Sandwich</i> <i>Lettuce/Tomato Cup</i> <i>Green Beans, Fruit, Chips</i>	Feb. 2 <i>Sausage Biscuit OR Cereal w/Cheese Toast —</i>  <i>Chicken Bites, Potato , Sweet Peas</i> <i>Fruit, Cookie</i>	Feb. 3 <i>Breakfast Pizza OR Cereal w/ Cheese Toast</i> <i>Cheeseburger,</i> <i>Potato, Lettuce/Tomato/Pickle</i> <i>Baked Beans, Onions, Fruit, Rice Crispy</i>	